RECOMMENDED RESOURCES:

Cherished by the Lord: 100 Meditations on God's Love by Kathryn J. Hermes, FSP. Pauline Books & Media, 2012. This lovely gem helps us to deepen our understanding of Jesus' love using Scripture passages and short reflections.

The Real Presence: Eucharistic Meditations by St. Peter Julian Eymard. Emmanuel Publications. This entire book is a treasure for Eucharistic prayer, but chapter 1 entitled "Adoration in Spirit and in Truth" has some marvelous reflections on Jesus' love for us as manifested in the Eucharist.

I Believe in Love: A Personal Retreat Based on the Teaching of St. Therese of Lisieux by Rev. Jean C.J. D'Elbee. Translated by Marilyn Teichert with Madeleine Stebbins. Sophia Institute Press, 2001. An in-depth and persuasive presentation of St. Therese's spirituality.

Loving Yourself More: 101 Meditations on Self-Esteem for Women by Virgina Ann Froehle. Ave Maria Press, 2007. A helpful resource to continue developing self-esteem in light of God's love for us.

The God Who Won't Let Go by Peter Van Breemen, SJ. Ave Maria Press, 2001. A wonderful exploration of the Christian life centered around God's unconditional, faithful love for us.

ONLINE RESOURCES:

http://www.pauline.org/StrengthforYourDay/DiscoverHope/SeeYourselfThroughGodsEyes/t abid/545/Default.aspx A series of online video meditations that encourage us to trust in God's love.

http://www.fathersloveletter.com A beautiful compilation of Scripture passages on God's love for us, in print and video format.